



COLORADO WING ENCAMPMENT HEADQUARTERS  
CIVIL AIR PATROL  
UNITED STATES AIR FORCE AUXILIARY  
19210 East Breckenridge Avenue, Stop 33  
Buckley AFB CO 80011-9525



25 June 2015

MEMORANDUM FOR COWG ENCAMPMENT PARTICIPANTS

FROM: ENCAMPMENT COMMANDER

SUBJECT: Encampment Weight and Grooming Standards Policy

1. This policy applies to all CAP cadets attending the encampment and to CAP senior member participants wearing AF style uniforms. CAP Manual 39-1, *CAP Uniform Manual*, requires all senior members wearing AF style uniforms and all cadets to comply with all weight and grooming requirements as described in the referenced manual.
2. Since the encampment is held on the United States Air Force Academy and other military installations, there will be a large number of active duty military personnel in proximity throughout the encampment week. This makes it especially important to comply with CAP grooming standards so that our members display the best possible image at all times. Therefore, the following policy will be enforced:
3. Haircuts/hairstyles of all encampment participants arriving at the encampment site must meet the haircut and grooming standards of CAPM 39-1 at the time of in-processing and throughout encampment. If any haircuts/hairstyles do not meet the standards or will not continue to meet standards throughout the week, these participants will not be allowed to check in.
4. The following paragraph is taken directly from CAP Manual 39-1, 1.2.3.2. *CAP Uniform Manual*. Cadets will wear the USAF-style uniforms as outlined in this manual as a key component of their cadet experience. However, cadets over age 18 who are not eligible to wear the USAF-style uniforms due to not meeting weight standards are authorized to wear all Corporate-style uniform combinations, except the Corporate Working Uniform since it does not allow for wear of rank.
5. If a member arrives and does not meet these standards, they will be sent to the barbershop or beauty parlor, at their own expense, to have hair cut or styled to meet standards. If they refuse to comply, they will not be allowed to in-process and will be sent home. No refund of encampment fees will be made. Any member not meeting CAPM 39-1 weight standards will not wear AF style uniforms.
6. See the attachment to this memorandum to clarify required weight and grooming standards. Please direct any questions about this policy to Major Nathan Van Dam, Commandant of Cadets, at [vandamcap@gmail.com](mailto:vandamcap@gmail.com) or (303) 803-2171.

FLOYD B. MCCORMICK, Lt Col, CAP  
Encampment Commander

Attachments:

1. CAPM 39-1, Attachment 2, CAP Height/Weight Standards
2. CAPM 39-1, Attachment 3, CAP Grooming Standards

**ATTACHMENT 2 – CAP WEIGHT STANDARDS**

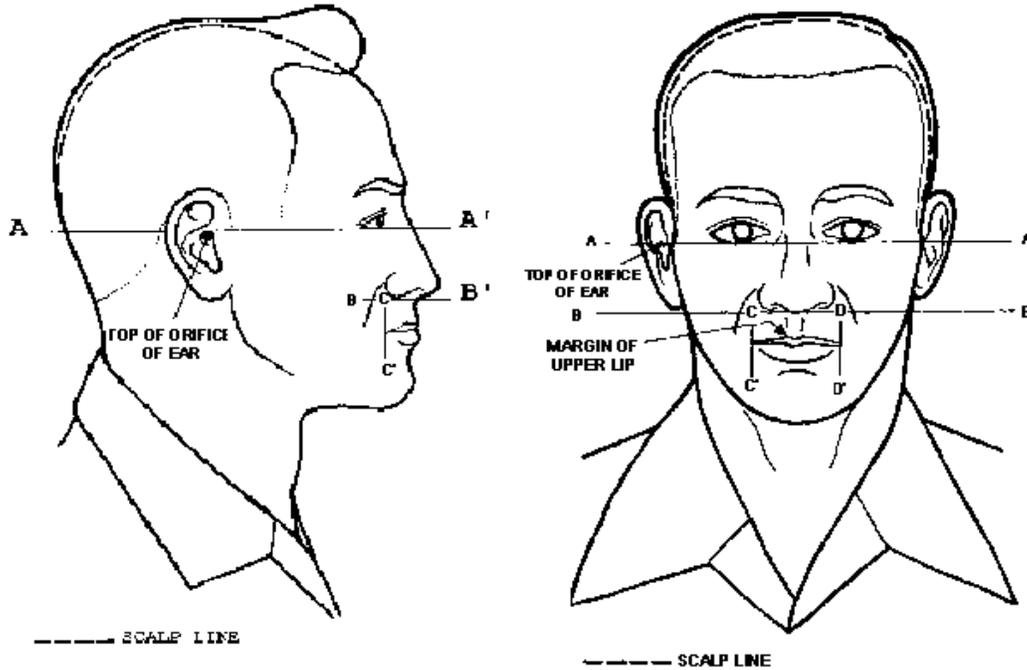
WEIGHT	MEN		WOMEN	
	USAF Standard (Maximum Allowable Weight)	CAP standard (Maximum Allowable Weight)	USAF Standard (Maximum Allowable Weight)	CAP Standard (Maximum allowable Weight)
4'10"	149	164	132	145
4'11"	151	166	134	147
5'	153	168	136	150
5'1"	155	171	138	152
5'2"	158	174	141	155
5'3"	160	176	142	156
5'4"	164	180	146	161
5'5"	169	186	150	165
5'6"	174	191	155	170
5'7"	179	197	159	175
5'8"	184	202	164	180
5'9"	189	208	168	185
5'10"	194	213	173	190
5'11"	199	219	177	195
6'	205	225	182	200
6'1"	211	232	188	207
6'2"	218	240	194	213
6'3"	224	246	199	219
6'4"	230	253	205	226
6'5"	236	260	210	231
6'6"	242	266	215	237
6'7"	248	273	221	243
6'8"	254	279	226	249

## NOTES:

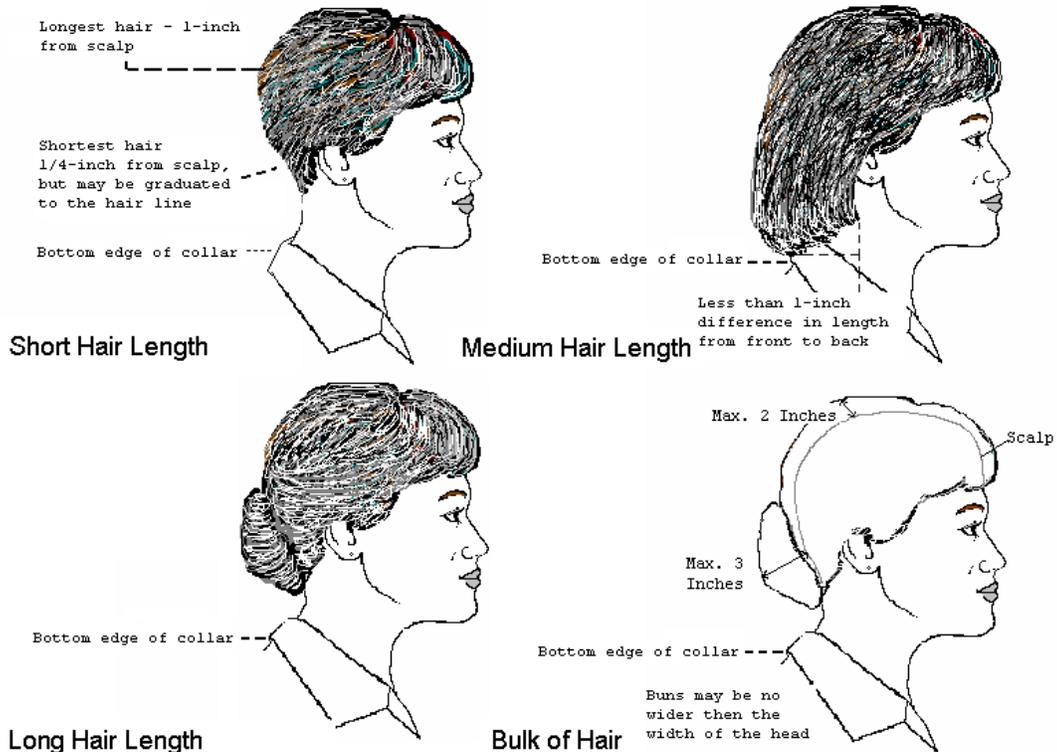
1. Members who are aged 18 and older must meet CAP weight standards in order to wear the USAF-style uniform.
2. A weight allowance of up to 3 pounds for clothing (excluding footwear) is authorized.
3. Height measurements do not include footwear.
4. Round up to the nearest inch.

ATTACHMENT 3 – CAP GROOMING STANDARDS

MALE



FEMALE



Note, the male image above notes the top of the ear orifice. However, the standard is that sideburns may not extend below the bottom of the ear orifice per paragraph 3.2.2.1